



The Meaning & Purpose of the Giveaway Ritual

Every person who obtains a genuine understanding of a traditional *Giveaway Ritual* undergoes an initial sense of uncertainty (and even a anxiety) about what they have of value to give away.

The Giveaway ritual is both a literal and symbolic gesture in which one person gives from the fullness of their being, from their depth of awareness, from an inner space of gifting - in order to contribute to the fullness and well-being of another person.

The giveaway is to be represented by a literal gift that to be given away that will go a particular recipient of this gift, which will hold its own meaning and value for the recipient's life.

It is also a symbolic gift that is being given, because the gesture reflects an inner value that springs up from the essence of each person's inner calling to give something of value from himself to the life around him.

As Martin Prechtel says, in order to make life happen and to make love happen, a person must give from his place of abundance within his heart – or else they are contributing to an eroded and dried up spirit within and around them.

The failure to give of and from one's gifts is the sign of an un-initiated person, one who has not yet ripened or matured into a depth of wholeness as a functioning adult who is capable to contributing to a wholeness beyond themselves.

Those of us who remain un-ripened or undeveloped will be passively dependent on the whole of life, and thus prone to only taking from the world around them, depleting life's resources.

In order to fulfill a sense of purpose in life, a person must be willing to give their gifts to the world in which they inhabit, and do so fully and deeply.

They must learn what he has of value to give, and then he has to give it freely. This ability helps a man learn about his own inner resources, and resourcefulness, and how it is connected to the unending and flowing rivers of the Divine source of all that is. A man's willingness to give of himself is a reflection of his true power.

In choosing a Giveaway gift, keep this these things in mind:

1. Your gift must be from your own personal possessions. It must hold both value and meaning for you, as your gift will have the same opportunity to do the same for the one to whom it will be gifted.
2. Your gift is to hold something significant beyond sentimental value for yourself. It should be a reflection of some aspect of your own intrinsic worth – something of beauty, of value, of sacredness; something someone would want to receive from you.
3. Your gift can also be a reflection of something you have aspired to become, or a reflection of a quality that has been instilled in you, and has been fulfilled.
4. This gift requires some type of investment on your part – of time, thought, and/or money. This represents a deep respecting of the highest good within you, and of your ensemble peers who are undergoing their own action steps, along with you.
5. If you need another way to look at this gift giving, consider giving something that you would feel called to give to a person of honor in your own life.

Pay attention to any insecurities, the self doubts, the desire to hold back, the lack of generosity within your own spirit – all these shadow aspects of life that keep a steady chokehold on your living and your loving.

Also pay attention to the sense of excitement, goodwill and power that may be generated in you and you go through the gifting preparation. Above all else, trust the process that you undergo as you prepare to choose your gift, and how it is a teaching and a true reflection of the way you *do* and *don't* live in your current way of life.

But above all else, know that you are claiming and internal an essential virtue, core quality or strength within, activating and owning it as yours, as you give it's symbolized gift away!



What does one person truly have to give, that is worth giving to another?

“He gives of himself, of the most precious he has, he gives of his life. This does not necessarily mean that he sacrifices his life for the other - but that he gives him of that which is alive in him; he gives him of his joy, of his interest, of his understanding, of his knowledge, of his humor, of his sadness - of all expressions and manifestations of that which is alive in him.

In thus giving of his life, he enriches the other person, he enhances the other's sense of aliveness by enhancing his own sense of aliveness. He does not give in order to receive; giving is in itself exquisite joy. But in giving he cannot help bringing something to life in the other person, and this which is brought to life is reflected back to him; in truly giving, he cannot help receiving that which is given back to him. Giving implies to make the other person a giver also and they both share in the joy of what they have brought to life. In the act of giving something is born, and both persons involved are grateful for the life that is born for both of them.”

- Erich Fromm

