In life, you are the pilot of your own craft. To reach your destination of health, happiness, prosperity and a good life, you must do as a pilot does. You must first of all determine your destination. This requires clear, specific goals, written down, with plans to accomplish them for each day.

Second, you must take off toward your destination with no guarantee of success. You must be willing to move out of your comfort zone and take risks continually, even though you know that most of them will not succeed, at least at the beginning.

The third part, and the real secret of success is that you must be prepared to make continual course corrections. Just as an aircraft faces headwinds, downdrafts, storm fronts, wind shear, lightning and unexpected turbulence, you will experience the same in the pursuit of any worthwhile goal.

The key to success is for you to keep your mind fixed clearly on the goal, but be flexible about the way of achievement. Be open to new inputs and ideas. Learn from every experience. Look for the good in every setback or difficulty.

Most of all, you must resolve in advance that you will never give up. Your ability to persist in the face of all adversity in the direction of your goal is what will ultimately guarantee your success.

You make your own luck through your own hard work and determination. Decide upon your destination, take off, and be open to the necessity to making continual course corrections until you reach your destination.

* Brian Tracy